

# PARENTS OF MURDERED CHILDREN

FOR THE FAMILIES AND FRIENDS OF THOSE WHO HAVE DIED BY VIOLENCE

JANUARY

2015



## GREATER ORANGE COUNTY CHAPTER OF POMC

Mailing Address: PO Box 67, Brea, CA 92822-0067

Message Phone: (714) 999-7132

Email: [gocpomc@yahoo.com](mailto:gocpomc@yahoo.com)

Website: [www.gocpomc.org](http://www.gocpomc.org)

### POMC National Headquarters

4960 Ridge Ave. Ste. 2  
Cincinnati, OH 45209  
(888) 818-POMC

[www.pomc.org](http://www.pomc.org)  
[natlpomc@pomc.org](mailto:natlpomc@pomc.org)

#### MISSION STATEMENT

POMC makes the difference through on-going emotional support, education, prevention, advocacy, and awareness.

#### VISION STATEMENT

To provide support and assistance to all survivors of homicide victims while working to create a world free of murder.

#### MEMBERSHIP

Membership is open to those who have been cruelly bereaved by the murder of a loved one. Professionals who are in frequent contact with grieving families are also welcome to join.

### SAVE THE DATE

## *29th Annual POMC Conference* "Remember the Past, Treasure the Present, Embrace the Future"

**Date: July 30 - August 2, 2015**

**Place: JW Marriott Las Vegas  
Resort & Spa  
221 N Rampart Blvd  
Las Vegas, NV, 89145  
Please call 800-582-2996 or  
877-622-3140**

The hotel rate is \$99.00 plus tax per night for Conference attendees.

Download Conference brochure and registration forms at the POMC National website [www.pomc.org](http://www.pomc.org)

### **POMC National Executive Director & Conference Co-Chair:**

**Dan Levey**  
**(480) 946-3422**  
**[natlpomc@pomc.org](mailto:natlpomc@pomc.org)**

### **Conference Co-Chair:**

**Bev Warnock**  
**(888) 818-7662 or (513) 721-5683**  
**[bwarnock@pomc.org](mailto:bwarnock@pomc.org)**



## HEALING

Well, here we are at 2015. And if you are new to POMC, life can sure seem to go on around us as if our world hasn't totally collapsed beneath us. Well, that is why we are here today to let you know that POMC in Greater Orange County is here for you and with you.

If you've come to POMC in the last few years, you may not be familiar with a Greater Orange County chapter newsletter. We used to produce one each month for our members. I can't tell you how much it helped me, especially the first few years I came to POMC. It was one safe, supportive validation of what I was going through and a little "packet" of courage and strength to go on another day.

I would read articles by those who have been through the murder of a loved one and learned how they were surviving this seemingly "unsurvivable" event. I read how members from all over the country were surviving the holidays, anniversaries, birthdays and just basic life.

Also, my dear Angela's name was listed on the months of her birthday and anniversary of her brutal murder. That meant SO MUCH to me to see her remembered when the rest of the world didn't think of her anymore. There were times when I was in so much pain I had the newsletter on my chest at night as I went to sleep.

As you may have noticed, we've not had a monthly newsletter since our dear member, Judy Sparanese, decided it was time for her to move on. She faithfully and lovingly provided us with an amazing newsletter for many years in memory of her son, **John Patrick Caulfield**. Thank you, again, Judy for all you did for us!

We have not had anyone who could step up to the plate and take over since then. Our dear Chapter Leader, Marie, would love to work on a newsletter if she didn't have all the duties that have landed in her lap for the chapter. Maybe if we help her out, we could have a newsletter going out to help new members "hang on" and to help older members keep in touch with the chapter.

So as we come upon this New Year, I am writing to share a secret I have found since coming to POMC. Like you, I came to POMC in so much pain. After a little bit of time, I was gently encouraged to participate and help out. My first thought was "well, I'll help when I'm not in so much pain", or "when my health is better", or "when I don't have this or that circumstance in my life" (and at that time, I had some major life circumstances). Or I'd tell myself "I have nothing to give".

But I was asked to make the POMC Ribbons (the black and red ones we wear at our annual Vigil). That little "job" absolutely saved me. I'm not kidding. I took those ribbons and a needle and thread with me everywhere (and I do not

sew). It gave me a purpose and also a little connection to **Angela**, in some strange way.

Being able to help with our annual candlelight vigil in the spring was, and still is, also such a help. Having the opportunity to meet with other members for the planning meetings is so comforting to me. There is something about even just sitting in the same room with others who have been through the murder of a loved one and they are surviving . . . that gives me strength and courage.

As you know, our kind of grief can be so isolating. Even those in the "grief community" can be uncomfortable with our kind of grief. The connection with other members sharing a common goal of helping others seemed to be just what I needed. I might have missed that if I had listened to my head, waiting for when I wasn't in as much pain, etc.

The thing that helps me the most is the thing that is opposite of what I sometimes feel I need. All I can tell you is every single time I took the risk and did something (no matter how small) for the chapter, I was grateful later that I did.

If this horrible experience can somehow be turned into ways that can honor my **Angela** and maybe help someone else, then it means she is never forgotten. That "reinvestment" helps me live out what time I have left without her in a healing manner.

I'm finding that sometimes the road narrows as I go along and the choice can be either destruction (self destruction) or healing. So, anything I can do in **Angela's** honor to help the group seems to heal me. I also want her to be proud of her mom someday.

So, like I mentioned at the beginning, here it is 2015. POMC is here for you. We do need some help with all different kinds of little jobs. If you are interested in taking that risk, please let us know.

You can email us at [gocpomc@yahoo.com](mailto:gocpomc@yahoo.com) or call the message phone **714-999-7132**.

Together we can help each other get through this one day at a time. That might just be the best "revenge" in this horribly unfair, excruciating situation. I wish you much love and peace for your hearts this coming year. May our loved ones never be forgotten.

Respectfully,

*Ashley Hill*  
Board Member

*Please complete and  
return enclosed form!*

PARENTS OF MURDERED CHILDREN – GREATER ORANGE COUNTY CHAPTER  
**MEMORIAL MONUMENT NAME INSCRIPTION ORDER FORM**

To have the name of your loved one, whose life was lost to violent crime, added to the Memorial Monument, complete this form entirely and mail it to our P.O. Box. Once a year, we host a Candlelight Vigil and Names Dedication Ceremony during “Victims’ Rights Week”, usually in the month of April. At that time, names are dedicated and inscribed on a black granite marker. Please print all information:

YOUR NAME \_\_\_\_\_ HOME PHONE (\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CELL PHONE (\_\_\_\_) \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ - \_\_\_\_\_

EMAIL \_\_\_\_\_

LOVED ONE’S NAME \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ AGE \_\_\_\_\_

LOVED ONE’S DATE OF BIRTH (MMDDYY) \_\_\_\_\_ DATE OF DEATH (MMDDYY) \_\_\_\_\_

1. Review the sample below. Fill in the box with your loved one’s Year of Birth, Name, and Year of Death.
2. **Make checks payable to POMC.** We ask for a donation of \$60.00 per name, and you can make three payments of \$20.00 each if need be. If you have any questions, please call (714) 999-7132.
3. Mail check and completed form to: **GOCPOMC**  
**P.O. Box 67**  
**Brea, CA 92822-0067**



4. The monument is located at *Memory Garden Memorial Park, 455 W. Central Ave., Brea, California*. You will receive an invitation and instructions for the planned ceremonies.
5. Any names received after February 28<sup>th</sup> will be inscribed for dedication in the following year.

<p><b><u>NOTE:</u></b></p> <ul style="list-style-type: none"> <li>- MAXIMUM OF 20 LETTERS (INCLUDING SPACES)</li> <li>- NO PUNCTUATION</li> <li>- NO QUOTATION MARKS</li> <li>- NO HYPHENS</li> </ul>	<p><b><u>SAMPLE:</u></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">1964</td> <td style="width: 65%;">Jessica D Lange</td> <td style="width: 20%;">1991</td> </tr> <tr> <td>1968</td> <td>Mathew E Arnold</td> <td>1990</td> </tr> <tr> <td>1979</td> <td>T Jeffrey Thompkin</td> <td>1994</td> </tr> <tr> <td>1977</td> <td>Salvador M Del Garza</td> <td>1991</td> </tr> </table>	1964	Jessica D Lange	1991	1968	Mathew E Arnold	1990	1979	T Jeffrey Thompkin	1994	1977	Salvador M Del Garza	1991
1964	Jessica D Lange	1991											
1968	Mathew E Arnold	1990											
1979	T Jeffrey Thompkin	1994											
1977	Salvador M Del Garza	1991											

PRINT YOUR LOVED ONE’S YEAR OF BIRTH, NAME AS YOU WANT IT TO APPEAR, AND YEAR OF DEATH:

_____ <u>YEAR</u> OF BIRTH	_____ NAME (20 LETTERS, INCLUDING SPACES)	_____ <u>YEAR</u> OF DEATH
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\*If any part of the name is hard to pronounce, please write it as it sounds. It is very important to us that we say your loved one’s name correctly at the dedication ceremony. \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

# Always In Our Hearts

## JANUARY BIRTHDAYS

DATE OF BIRTH	Loved One . . . <i>and those missing them</i>	DATE OF DEATH
01/01	<b>Benjamin Doyle</b> Nephew of Melinda Lamb	09/13
01/02	<b>Anthony Alvarado Rios</b> Son of Victoria & Salvador Rios	10/28
01/03	<b>David Alan Wigle</b> Son of Patty Wigle	03/19
01/04	<b>Matt Wolf</b> Son of Ruth & Bill Crookshanks Brother of Vicki	03/05
01/05	<b>Manuel Munoz</b> Son of Mary Grimaldo	12/22
01/07	<b>Brice Carey Dickenson</b> Son of Esther & John Dickenson	10/18
01/08	<b>Louarna Gillis</b> Daughter of John & Patsy Gillis	01/17
01/08	<b>John Gottlieb Ruby III</b> Son of Shirley Morgan	12/09
01/08	<b>Gina Christine Barnett</b> Daughter of Ralph Franklin Longo	11/18
01/09	<b>Denise Marie Duerr</b> Daughter of Mary Ellen Ducharme	04/17
01/09	<b>Marcos Ian De La Cruz-Cody</b> Son of Carol Barcelata Brother of Heather	05/31
01/10	<b>Kelly Sue Bunting</b> Daughter of John & Penny Bunting	12/11
01/10	<b>Andy Bushard</b> Son of Carol Bushard	12/28
01/10	<b>John Anthony Lara III</b> Son of John Lara	09/26
01/10	<b>Danielle Faith Voisine</b> Daughter of Raymond J. Voisine	09/02
01/11	<b>Sergio Huerta Jr.</b> Son of Sergio & Sandra Huerta	04/25
01/11	<b>Christina Margueretta McNeil</b> Daughter of Tita Libras	06/16
01/12	<b>Bridget Ballas</b> Daughter of John & Paulette Ballas	11/27
01/12	<b>Laura Ann Zappulla</b> Daughter of Patricia M. Mazur	06/29
01/13	<b>Roy H. Padilla</b> Son of Stella Sevilla	01/11
01/14	<b>Michael James Flaherty</b> Son of James Flaherty	07/21
01/15	<b>Autumn Carol Wallace</b> Daughter of Linda C. Wallace Sister of April and Amber	06/15
01/17	<b>Jose A. Carreno</b> Husband of Verence Carreno	12/11
01/17	<b>Denise Meresa Ortega</b> Daughter of Jeanette Archuleta	08/25
01/18	<b>Elliott M. White</b> Son of Elizabeth M. & Konrad White	11/12
01/20	<b>Robert J. Klecker</b> Son of Luciana D. Serantoni	11/17
01/22	<b>Christie Fleming</b> Sister of Christie Fleming	05/13
01/22	<b>Stacey Bryant</b> Friend of Tonya L. Whiteside	07/28
01/22	<b>Yahrou L. Proctor</b> Son of Lois Proctor-Motley	02/09
01/23	<b>Debra Ann Harvey</b> Daughter of Rita Harvey Johnson	01/01
01/23	<b>Karen Spille</b> Daughter of Helmuth Spille	10/18
01/23	<b>Andrea Nelson</b> Daughter of Linda & Andrew Cator	01/27
01/23	<b>Katya W.J. Sneeringer</b> Daughter of Sandra Morton Granddaughter of David & Jackie Roach	08/31
01/25	<b>Michael E. Bengé</b> Son of Patrice & Bruce A. Shanks	12/09
01/25	<b>Jonathon Arreola</b> Son of Amanda Arreola	06/13
01/26	<b>Cynthia Day Larue</b> Sister of Julia Day	08/23
01/27	<b>Robert Anthony Fierro</b> Son of Virginia & Macario Fierro	10/20
01/28	<b>Ronald DaSilva</b> Son of Agnes Gibboney	04/27
01/29	<b>Sarah J. Rodriguez</b> Daughter of Martha Dewar Sister of Marilyn and Jorge Fiancee of Matt Corbett	04/16

# Always In Our Hearts

## JANUARY ANNIVERSARIES

DATE OF BIRTH	Loved One . . . and those missing them	DATE OF DEATH
12/21	<b>Rick Macias</b> Son of Roman & Maria Macias Brother of George, Jason, and Reyna	01/01
04/04	<b>Robert Allen Sickles</b> Son of Jim & Robin Sickles	01/01
01/23	<b>Debra Ann Harvey</b> Daughter of Rita Harvey Johnson	01/01
11/22	<b>Michael R. Grossi</b> Son of John L. Grossi	01/02
11/09	<b>Andre Laurent</b> Son of Mary Laurent-Barela	01/04
06/07	<b>Tammy Davis</b> Daughter of Deborah Armantrout	01/05
10/27	<b>Michael Brian Ornelas</b> Son of Graciela Lopez	01/06
08/08	<b>Ched Neuhaus</b> Brother of Suzanne Neuhaus	01/06
02/07	<b>Harry Christensen</b> Father of Jennifer Porter	01/06
11/24	<b>Gabriel Jerome Tennet</b> Son of Cynthia A. McLemore	01/07
03/06	<b>James Donald Hartzell Jr.</b> Son of Lois Hartzell	01/08
03/02	<b>David Sanchez</b> Son of Ron & Denise Taylor	01/09
10/05	<b>Julian S. Del Campo</b> Nephew of Anna Borroto	01/10
03/02	<b>Patrice M. Liebelt</b> Wife of Chris Liebelt	01/10
05/12	<b>Joshua Troy Massengill</b> Son of Jenise Massengill	01/10
03/24	<b>Scott Edward Bushey</b> Son of Vera Bushey Biegel	01/11
01/13	<b>Roy H. Padilla</b> Son of Stella Sevilla	01/11
11/08	<b>David Robison</b> Son of Edna Robison Fiance of Brenda Constantino	01/12
07/14	<b>Robyn Lynn Cox</b> Daughter of Pattie Payne	01/12
03/31	<b>Michael Ray Avila</b> Son of Tina M. Henderson Nephew of Kathleen Kocharian	01/13
04/16	<b>John Haaren</b> Father of Sharon Laufer	01/14
09/11	<b>Steward Ayon</b> Son of Hector Ayon	01/15
01/08	<b>Louarna Gillis</b> Daughter of John & Patsy Gillis	01/17
11/06	<b>Christopher Alan Heyman</b> Son of Bert & Jenny Heyman	01/18
12/06	<b>Robbin Dana Brandley</b> Daughter of Genelle & Jack Reilley	01/18
12/08	<b>Jeremy Kragness</b> Grandson of Shirley Simon	01/18
05/31	<b>Earnest Pickett Jr.</b> Son of Lee Bertha Pickett-Allen	01/20
05/12	<b>Pellus Colvin</b> Husband of Laura Smith/Colvin	01/22
08/13	<b>Jayden Turner</b> Daughter of Koryne Turner	01/22
06/30	<b>Richard A. Valdez Jr.</b> Son of Sylvia Valencia	01/24
05/11	<b>Jan Overton</b> Mother of Eric Overton	01/24
10/27	<b>Eduardo Ramirez</b> Brother of Maurice Ramirez	01/24
04/20	<b>Christopher Stephen Mains</b> Brother of Laura A. Lake	01/25
09/24	<b>Steven Andrew Wells</b> Son of Alona Pentecost	01/25
12/19	<b>Sammantha A. Salas</b> Great-niece of Tina & Ernie Yamashiro	01/26
01/23	<b>Andrea Nelson</b> Daughter of Linda & Andrew Cator	01/27
04/19	<b>Alex Leo Reyes</b> Son of Gilbert & Irene Reyes Brother of Nick	01/29
02/12	<b>Denise Duncan</b> Sister of Lynette Duncan	01/29
07/31	<b>Aubrey Duncan</b> Father of Lynette Duncan	01/29
03/04	<b>Myron Pittman</b> Son of Darlene Graves	01/30



## ANNOUNCEMENTS

**January 14, 2015 – Monthly Support Group Meeting “Who is POMC?”** ... In January of each year, every POMC chapter is required by our National leadership to hold Board member elections. Our chapter takes this opportunity to talk about who POMC is, as an organization, and all the wonderful things we are able to do to help survivors learn to move forward with their lives after someone they love has been murdered. Our chapter will be having an election for available Board member spots, and then those Board members will vote for the 2015 chapter officers.

**February 28, 2015 – Candlelight Vigil Names Inscription Cutoff Date** ... In this newsletter, you'll find a form used to add a loved one's name to our monument. The dedication ceremony this year will be held on **April 26, 2015** and we ask for a donation of \$60 to help cover the cost of inscribing the name. If you have any questions about the cost or the process, please call the message phone (714) 999-7132 or Marie Belmontez (562) 508-2397. See page 3 for form.

**April 26, 2015 – Candlelight Vigil and Names Dedication Ceremony ... National Crime Victims' Rights Week** ... Please mark your calendars for this year's event. In past years, we've had inspirational speakers, amazing vocalists, white doves, bagpipes, trumpeters, and so much more. But our main focus of the evening is always lighting our candles and saying the names of our murdered loved ones. We are already forming a planning committee and could use your help. As Ashley mentioned in her heartfelt article in page 2, volunteering can be a very healing thing. Be part of the decision making for this year's vigil and honor the memory of your loved one.

**July 30-August 2, 2015 – POMC National Conference** ... We're happy to announce that the **29<sup>th</sup> Annual POMC Conference** will be held in Las Vegas, NV this year. For those of us on the West Coast, this will be a great opportunity to attend a conference relatively nearby. For everyone, it's a remarkable opportunity to get healing, comfort, relaxation, and fellowship with other people who understand your pain. We'll have more details coming soon.

**Our chapter website** ... Besides this newsletter, one of the best ways to keep up with the events of our chapter is through our website.

[www.gocpomc.org](http://www.gocpomc.org)

There you'll find the “**Latest News**”, schedule of “**Monthly Meetings**”, information about the “**Candlelight Vigil**” and “**POMC National Conference**”. Learn “**About Us**”, how to “**Contact Us**”, and ways you can “**Donate**”. One way to donate is by sponsoring the “**Never Forgotten**” page. You can have your loved one's photo and a poem or story (or just the photo) on our website for an entire month. For more information, contact us at 714-999-7132 or [gocpomc@yahoo.com](mailto:gocpomc@yahoo.com).

**Membership/Mailing List Form** ... We want to honor all our chapter loved ones on their birth and anniversary dates. If you don't get a personalized card or letter on your loved one(s)' birthday or the date they were murdered; or if you're not receiving a vigil invitation or other mailings, most likely we don't have your current contact information. Also, we may not have up to date information about your loved one's murder case. **Please** take the time to complete the **Membership/Mailing List form enclosed** so we can update our database. **Be sure to include your email address for future newsletters.**

As survivors ourselves, we do not want to leave out nor offend anyone, so please help us to be accurate. We keep all your information confidential.

**Chapter Newsletter** ... We're going to do our best to put a newsletter out each month, and we welcome any submissions from you - a favorite poem or story about your loved one or your grief journey. Complete instructions are printed on the last page. As we go forward, we'll be sending future newsletters by email and posting them on our website. If you don't have email, we can mail you a hardcopy.

**\*\*Please see enclosed form\*\***

“It has been said, ‘Time heals all wounds.’ I do not agree. The wounds remain. In time, the mind, protecting its sanity, covers them with scar tissue and the pain lessens. But it is never gone.”

Rose Kennedy

## DONATIONS AND THANK YOU'S

- ✦ To all those who have graciously sent in monetary donations in memory of your loved ones, words cannot convey how grateful we are. Without your kindness and generosity, our chapter could not have carried on with our mission to extent that it has.
- ✦ To everyone who made our Annual Potluck and Raffle in November a rousing success.
- ✦ To everyone who donates so generously at each of our monthly meetings.
- ✦ Chris Pearsall, for the beautiful anniversary letters she sends out each month, in loving memory of her son, **Henry Clay Mabry**
- ✦ Anita Sanchez, for lovingly taking on the duty of sending out remembrance cards on our loved ones' birthday, in loving memory of her son, **Steve Sanchez**
- ✦ Shirley Tapia, who faithfully checks our message phone daily, in loving memory of her sons, **Richie and Michael Tapia**
- ✦ Carolyn McCoy, for kindly hosting many planning meetings at her house, her creative skills, and much more, in loving memory of her daughter, **Cathy Tameny**
- ✦ David & Ellen Foster, who have been long-time volunteers for virtually every event and occasion we have, in loving memory of their son, **David G. Foster**
- ✦ Brad Stetson, a chaplain and long-time friend of the chapter who has been a comfort, guest speaker, and dear friend to several members of our group, in memory of **all our loved ones**
- ✦ Everyone who has stepped up to be a Board Member - this chapter owes you a debt of gratitude
- ✦ Zion Lutheran Church, for graciously allowing the Greater Orange County Chapter the use of a room to meet each month

## Special Thank You To ...

**CSP and all the victim advocates ...** They attend our monthly meetings and walk beside wounded family members as we navigate a confusing justice system. They volunteer to help with our Candlelight Vigil, Annual Potluck, and other events. And they include our members in grief support events that they are a part of. Grieving the loss of a child or other loved one is in itself exhausting. Our brains don't function as normal and our emotions can be irrational. That's grief. Add to that, having to deal with law enforcement, court dates, and prayers that justice will be served. If it were not for our much appreciated advocates and their administration guiding, and supporting us through a very complex system, it could almost be too much to bear. Those of us who have interacted with a homicide or gang advocate here in Orange County feel extremely fortunate and blessed to know that we truly have an "advocate" on our side. We can't thank you enough!

*When we honestly ask ourselves which person in our lives means the most us, we often find that it is those who, instead of giving much advice, solutions, or cures, have chosen rather to share our pain and touch our wounds with a gentle and tender hand. The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing, not curing, not healing and face with us the reality of our powerlessness, that is a friend who cares.*

Henri Nouwen

***I Heard Your Voice  
In The Wind Today***

*Unknown*

*I heard your voice in the wind today  
and I turned to see your face;  
The warmth of the wind caressed me  
as I stood silently in place.*

*I felt your touch in the sun today  
as its warmth filled the sky;  
I closed my eyes for your embrace  
and my spirit soared high.*

*I saw your eyes in the window pane  
as I watched the falling rain;  
It seemed as each raindrop fell  
it quietly said your name.*

*I held you close in my heart today  
it made me feel complete;  
You may have died...but you are not  
gone  
you will always be a part of me.*

*As long as the sun shines...  
the wind blows...  
the rain falls...  
You will live on inside of me forever  
for that is all my heart knows.*



**WAVES OF EMOTION**

*by Shirley Tapia*

**The waves of the ocean echo in our ears,  
rustling water that lets us know you are near.  
Close your eyes, see your face, feel your presence,  
your embrace.**

**You are missed all day and all thru the night,  
if we only had the power to rewrite the story of your life.  
You'd still be alive, smiling, crying, loving, and feeling,  
we wouldn't be living in this nightmare,  
we'd be normal with everyday cares.**

**How do you move forward  
living each day with this loss,  
at times so overwhelming,  
we want the world to just stop.**

**We remember the happiness to our lives that you gave,  
death can't touch it,  
it's in a spot no one can invade.**

**Our memories are golden and in the safest place,  
we call on them often, they're so vivid,  
we always see your sweet face.**

**A face that smiles, and lips that say  
"carry on - keep moving forward  
we're still with you  
you are never alone".**

**Yes, listen to the waves of the ocean,  
breathe in, gain strength, like taking a pill,  
like a grief potion.**

**Comforting, echoing, telling us all we need to hear and recall,  
and knowing you are beside us,  
you're with us thru it all.**

**God Bless Our Angels**





<b>Dates to Remember</b>			
<b>DATE</b>	<b>TOPIC</b>	<b>REFRESHMENTS</b>	<b>IN MEMORY OF</b>
January 14, 2015	<i>Who Is POMC? / Board Election</i>		
February 11, 2015	<i>Month of Love</i>		
March 11, 2015	General Support Meeting	David & Ellen Foster Nancy Aguilar	<i>David G. Foster Jesse Aguilar</i>
April 8, 2015	General Support Meeting	María Ortiz	<i>Alejandra Hernandez</i>
<b>April 26, 2015</b>	<b><i>Candlelight Vigil and Names Dedication Ceremony</i></b>		
May 13, 2015	General Support Meeting		
June 10, 2015	General Support Meeting	Anita Lewis	<i>Mary Lewis Lester Lewis</i>
July 8, 2015	General Support Meeting	Lena G. and Debra H. Claudine S. and Marie B.	<i>Jonathan Dizon Stephen Sanchez</i>
<b>July 30 – August 2, 2015</b>	<b><i>POMC National Conference – Las Vegas, NV</i></b>		
August 12, 2015	General Support Meeting		
September 9, 2015	General Support Meeting		
<b>September 25, 2015</b>	<b><i>National Day of Remembrance For Murder Victims (NDOR)</i></b>		
October 14, 2015	<i>Here Come The Holidays</i>	David Smith	<i>Frederick Sledge</i>
November 2015	<b><i>Annual Potluck</i></b>		
December 9, 2015	General Support Meeting	Gail Currier	<i>Ralph William Currier</i>

<b>Board of Directors</b>		
Chapter Leader	Marie Belmontez	(562) 508-2397
Co-Leader	Anita Lewis	(562) 201-8027
Treasurer	Claudine Sanchez-Parrott	
Secretary	Lena Gonzalez	
Board Member	David Foster	
Board Membe	Ashley Hill	
Board Member	Carolyn McCoy	
Board Member	Mary Urenda	
<b>Other Contacts</b>		
Changes to Member Information	Marie Belmontez	(562) 508-2397 <a href="mailto:gocpomc@yahoo.com">gocpomc@yahoo.com</a>
Newsletter articles	Marie Belmontez	(562) 508-2397 <a href="mailto:gocpomc@yahoo.com">gocpomc@yahoo.com</a>

The deadline for the  
**FEBRUARY ISSUE** is  
January 25, 2015.

Please mail your remembrances, poems,  
court updates, etc. to:

Greater Orange County  
Chapter of POMC  
P. O. Box 67  
Brea, CA 92822-0067  
or  
e-mail to:  
[gocpomc@yahoo.com](mailto:gocpomc@yahoo.com)

- MS WORD OR EXCEL PREFERRED
- Please do not format your text
- **PLEASE DO NOT USE ALL CAPS**
- Pictures in .JPG and as a separate attachment are preferred. Do not include them in the body of your text.

We make every effort to include submissions for the month desired. However, occasionally submissions will be printed (and may be edited) as space allows.

Thank you.

Our monthly support meeting is held on the 2nd Wednesday of the month at 7:30PM  
at Zion Lutheran Church, 222 N. East Street, Anaheim, CA 92805

**From the North:**

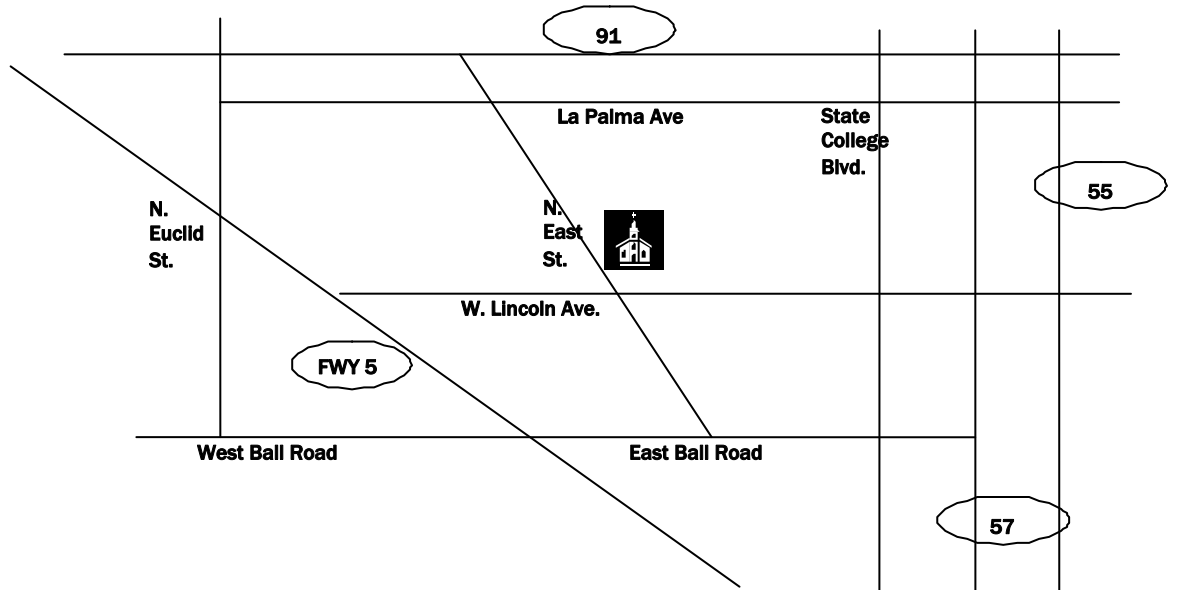
57 FWY, 55 FWY,  
or St. College Bl. South,  
Right on Lincoln Ave.  
Right on East St.

**From the South:**

57 FWY, 55 FWY,  
or St. College Bl., North  
Left on Lincoln Ave.  
Right on East St.

**From the East or West:**

91 FWY  
Exit East St., south



GREATER ORANGE COUNTY CHAPTER OF  
PARENTS OF MURDERED CHILDREN  
P.O. BOX 67  
BREA, CA 92822-0067

**ADDRESS CORRECTION REQUESTED**

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**Our Newsletter Comeback!**  
We need to hear from you.  
\*\*See attached Membership/Mailing List Form\*\*